Compeer Rochester

ANNUAL REPORT 2022





A Message From Leadership

n 2022, Compeer straddled two worlds: one of tangible remnants of the pandemic, and the other welcoming the endemic phase. Virtual meetings became hybrid, activities resumed in full, and face coverings became optional. Our signature model of peer support proved its worth as loneliness is named the new epidemic by the U.S. Surgeon General, deadlier than smoking.

Compeer remains powered by people, and while staffing can be a significant challenge, we know it only takes one caring person to make a difference in someone's life. Human connection is key to our collective recovery and our team is charged with finding like-minded community members to join our crucial mission to end loneliness. Will you join us? Here is how you can help:

- Make a personal gift of dollars or time as a volunteer.
- Spread the word about our volunteer opportunities, services, and mission to those who can help or need help.
- Join us in our re-branded charity walk, The Compeer Mile, on November 5th, 2023.

As the Compeer Model celebrates its 50th anniversary worldwide, we congratulate and celebrate our affiliate programs across the United States and the globe! Stay tuned for a special invite to our 50th Birthday Party on October 10th, 2023, World Mental Health Day. With that, we proudly present, our 2022 Annual Report.



Timothy McKenna Chairman of the Board of Directors

Jack. M



Sara Passamonte President / Executive Director

Lara Panamente

 Compeer Summer Event

Compeer Youth Mentoring Program

Zeke & Kevin

eke is a cardiac technician at URMC, and this is his first experience as a Compeer volunteer. Kevin was excited to get a mentor and hoped to get out in the community and try activities he's never done before. They have been matched in our program since April of 2022.

Since matched, Zeke and Kevin have gone to a car show, explored Rochester's own House

Youth Served

One-on-One Mentoring

of Guitars, and tried out ice skating. They enjoyed ice skating so much they joined in on a special series of skating sessions hosted by Amerks Alumni throughout winter! They also enjoy days at the park, Red Wings games, and just tossing a ball. On rainy days, they brighten things up by playing board games!

Zeke enjoys his time with Kevin and looks forward to continuing the mentorship.

Matched for at least one year



Average Match Length

Adult Match Story

Jackie & Anastasia

ackie has been a part of our volunteer program since 2021. She wanted someone to enjoy hobbies with, like baking, arts and crafts, and appreciating nature. Anastasia wanted a volunteer who liked art crafts, swimming, and eating ice cream! Jackie and Anastasia were matched in

Adults Served

One-on-One Mentoring

2,422_{hrs.}

July of 2021. They have a taste for trying out restaurants together. They have visited the farm Anastasia works at and takes riding lessons from. They also like hanging out at the mall, and making sure they get Anastasia's favorite treat — ice cream!

Matched for at least one year

Average Match Length





Family Peer Support Services

Kristy & Taylor

risty, our Family Peer Support Specialist, started working with Taylor to help advocate for her daughter, Sophia, at school. Sophia lives with fetal alcohol syndrome and disruptive impulse control conduct disorder which creates barriers for her in the school setting. Taylor had been trying to use different resources but was struggling to get her daughter the assistance she needed. Kristy used her lived experience and knowledge of the school system, researched policies, and created a plan with Taylor to address the issues with the school's administrators. After these advocacy efforts, Sophia is now getting the services she needs in the school setting.

This is a new beginning for Taylor, Sophia, and the rest of their family. Taylor has additional goals to work on with Kristy to improve family dynamics. We look forward to seeing the family continue this amazing work with restored hope for the future and the energy to deal with challenges along the way.

DeYonna & Britney

Participants of Compeer's CORE Program set and reach their goals with support from an open-minded, compassionate and experienced service provider. When two individuals begin working together, they are building more than treatment plans they are building relationships. Britney and DeYonna began working with one another in May of 2022. Britney has been living with Bi-Polar Disorder, Major Depression, and Generalized Anxiety for most of her life. Together, they have worked through barriers and accomplished Britney's goals of decreasing her symptoms through self-care and positive affirmations.

Community Oriented Recovery & Empowerment Services (CORE)

DeYonna continues to help Britney with boundary setting, decreasing symptoms of depression, and increasing socialization. DeYonna's presence gives Britney additional confidence and support, creating a lasting impact. Britney's progress while with DeYonna has shown incredible positive outcomes through hard work, learning and practicing skills, and positive reinforcement. Britney has been able to navigate resources, independently utilize skills learned, and improve overall mental health symptoms. When she meets her final goals, Britney looks forward to staying connected to DeYonna through the volunteer program for years to come!

 Compeer Volunteer event at Recreo

CompeerCORPS Bowling

CompeerCORPS

Nancy Bird, Colonel, US Army, Retired

ancy served our county from 1961 to 2001. Throughout her 40 year career with the Army, Nancy has been a trailblazer for women serving in the armed forces. Although she is very modest about the pioneering work she has done, her list of accomplishments is remarkable. She's been a Commanding Officer, Executive Officer, Instructor, Administrator, Service Coordinator and Recruiter. She has had a role in everything from getting the Army equipped to accept females in the ROTC program to special assignments at the Pentagon. Nancy has been stationed across the United States from Boston to Fort Leavenworth in Kanas and has made it all the way to Camp Zama, Japan.

Many of us see Nancy at CompeerCORPS social events like our annual cookout where is the first to ask us how we are doing and the last one to eat. Nancy has taken many of us under her caring wing, reaching out to us if we are ever in need, she is a true friend to us all, so it was an easy decision to select her as our 3rd annual CompeerCORPS Female Veteran of the Year in 2020. Over the years, Nancy has participated in other CompeerCORPS events like Sisters In Service, I am Not Invisible, painting activities, holiday parties and anything that involves ice cream!

Our respect for Nancy in the veteran community is unparalleled. We thank her for always leading us with mutual respect, compassion, consideration, grace and dignity. She once said that "in my era there was little to no recognition or even a question about military service as a woman" These days we take every opportunity to celebrate her, her service to our country and the veteran community.



Nancy Bird Colonel, US Army, Retired

Veterans served 169

Activities & Event offerings

Vets Driving Vets

54_{riders}





Financials



Expenses

Total Expenses	\$1,418,818	100 %
Fundraising	50,996	4
Management and General	150,095	11
Program Services	\$1,217,727	86%

Committed to Program Services

Compeer Rochester, Inc. is a human services charitable organization pursuant to \$501(c)(3) of the Internal Revenue Code. Contributions are fully deductible under the law. The accounts of Compeer Rochester, Inc. are audited annually by the accounting firm of: RDG+Partners. Copies of the audit are available for review at: Compeer Rochester, Inc., 259 Monroe Ave., Rochester, NY 14607. The latest financial report filed with the Office of Charities Registration may be obtained at: Department of State, 162 Washington Ave., Albany, NY 12331.

Mission statement

Through the power of human connection, Compeer serves as a bridge to better mental wellness and community integration for all.

Vision statement

We envision a day when all communities embrace individuals and their families living with mental health challenges; when prevention begins early with children and their families; when living, learning, working and volunteering in the community is given expression through the social inclusion of all individuals and supported by the power of human connection and hope.

Donors

We at Compeer Rochester would like to say "thank you" to all of our wonderful donors. Your support makes what we do possible! Every effort has been made to include the correct names of every contributor.

If an omission or error has occurred, please notify Compeer Rochester at 585·546·8280.

\$1000+

Ballantyne Bar & Grill, LLC Canandaigua Crossfit CCSI Chili Memorial Post 412 VFW **Empire State American Legion** Excellus Health Plan **Robert Gathercole** Genesee Regional Bank Genetaska Club of Rochester. Inc. Pamela Giambrone **GLC Business Services** Lewis Tree Service Barbara Marianetti-DesRosiers Sara Passamonte Cathy Kaman Ryan Bernice W. Skirboll

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Private Foundation Support

Greater Rochester Health Foundation	19,010
Max A. Adler Charitable Foundation	5,000
Fred & Floy Willmott Foundation	3,000
JW Buyers Foundation	2,000
Manning & Napier Foundation	1,062
RDHB Foundation, Inc.	500

\$249 and under

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\$

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Adult & Youth Services

ChaNiesha Mitaynes, Program Manager, Youth Services Gabriel Perez, Volunteer Coordinator Krista Schrader, Volunteer Recruiter

Veteran Services

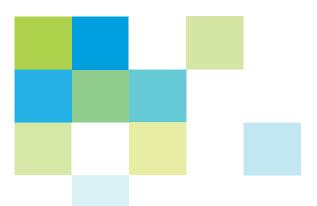
Elizabeth Medina, Program Manager, CompeerCORPS Kerry Dunham, Intake and Engagement Specialist, CompeerCORPS Troy Hoita, Intake and Engagement Specialist, CompeerCORPS

Peer & Family Services

Thomas Stein, Lead Peer Specialist Kristy Fernandez, Family Peer Support Advocate DeYonna Goolsby, Peer Specialist Lindsay Jansen, Peer Specialist Laura Koch, Peer Support Specialist Donna Leigh-Estes, Family Peer Support Specialist

> Compeer Volunteer ► "Thank You" breakfast event







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